

What are Home Enabling Supports?

Home Enabling Supports (HES) are designed to help individuals with developmental disabilities live more independently and safely in their homes and be more involved in their communities. They are a sub-component of the Office for People With Developmental Disabilities (OPWDD) Home and Community-Based Services (HCBS) 1915(c) Waiver.

HES includes assistive devices, remote supports, and Health Assessment and Coordination Services (HACS), all aimed at reducing reliance on paid staff and enhancing community inclusion.

A wide array of technologies are available that promote safety, agency, and independence, including remote support options, sensors, Ring Doorbells, medication dispensers, and more. For example, devices can support a person to cook with voice prompts and sensors reminding them the stove is on.



The Center for Family Support (CFS) is a New York and New Jersey based human services non-profit agency that provides personalized support to individuals living with intellectual and developmental disabilities and the families that care for them. We help participants live their best lives by offering person-centered support services and programs that empower them to grow, learn and thrive in the community.

CFS is committed to innovating new support models that support growth, independence, and inclusion. In recognition of this experience and dedication, CFS was chosen as one of only 8 organizations in New York who are authorized to provide Home Enabling Supports.



Learn More About CFS:
www.cfsny.org



Learn More about CFS HES:
www.cfsny.org/HES

Questions?

Contact : HES@cfsny.org



Home Enabling Support from the Center for Family Support

Partnering with you to provide assistive technology for safer and more independent lives



Are Home Enabling Supports **Right for You and Your Loved One?**

HES has 4 major goals:

1. Promote Agency and Safety:

Enable individuals to live in the most integrated setting possible by using technology to reduce the need for in-person support.

2. Support Community Inclusion:

Facilitate meaningful participation in community life and interactions with others, including those without disabilities.

3. Enhance Functional Abilities:

Maintain or improve individuals' abilities to perform daily activities and achieve personal goals outlined in their Life Plans.

4. Empower Person-Centered Planning:

Ensure that all supports are tailored to the individual's needs, preferences, and cultural context through a collaborative planning process.

To learn more about HES and if they might benefit you and your loved one, discuss your goals with your care manager or reach out to CFS. We can help you navigate the evaluation and enrollment process.

For more information or to start the process, visit: www.cfsny.org/HES

You can also reach out directly to CFS at: HES@cfsny.org



What to Know About HES

Eligibility:

- OPWDD Eligibility Required
- Live in Non-Certified Community Settings
- Approved individuals are eligible for up to \$5,000 worth of technology goods, services, leases, and subscriptions per year

HES Process:

- Talk to your care manager or reach out to CFS directly to begin the process.
- Hold planning meetings to ensure HES will be beneficial by outlining goals and opportunities for safely increasing independence.
- Complete an assessment to ensure there are outcomes that can be supported by HES.
- Submit a formal request for HES authorization and receive notice of decision.
- With CFS, come up with a care plan and how HES can support you.
- With technology vendor partners, CFS purchases and facilitates the installation of HES, as needed, and provides trainings.
- CFS provides ongoing support, evaluation, and supervision to ensure desired outcomes are reached.
- New technology adapted, as needed.
- Annual reviews to monitor process.