

Innovative Insider



“I love being a part of the Self Advocacy Group because I want to know all my rights”

♦ Kasheena Oatman

SANSYU Graduation

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Congratulations to our newest self advocate Crystal who received her first SANSYU certificate





Love Yourself Workshops

The “Love Yourself” Workshop series focused on Loving your mind and body.

♦ “Love Your
Mind”

♦ “Love Your
Body”

Shoutout to the Kelly Team for taking what they learned at the nutrition workshop to the residence by having a meatless day!



♦ Huge Turn out for the “Love your Body” workshop that focused on skincare!



♦ We Had an Amazing Meditation Event at Keoni Movement Arts



ShoutOuts



- ♦ **ShoutOut To Charles** from our Liberty IRA who celebrated his 75th Birthday.



- ♦ **ShoutOut To Mark** who transitioned from our 135th St IRA to our Liberty Supportive Apartments



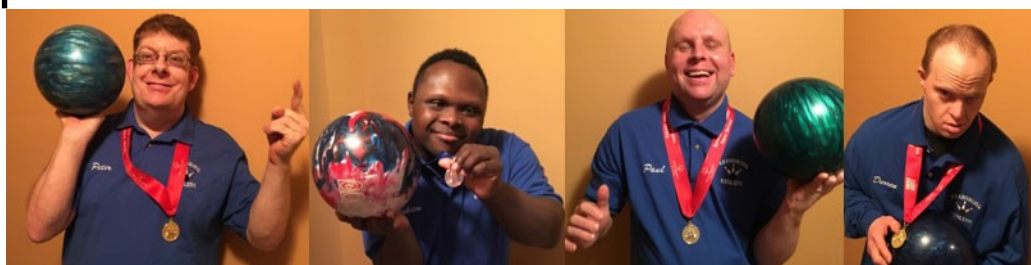
***“The journey of
a thousand
miles begins
with one step.”***

-Lao Tzu

- ♦ **Warm Welcome To Nathaniel** who recently moved into our 135th St IRA.



ShoutOut to Michael and Kevin who are the newest employees at SmileFarmsINC



PETER GATTO

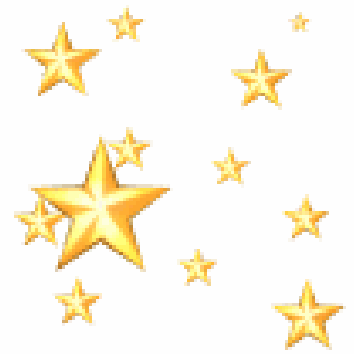
HAKIEM GRIFFITH

PAUL JOSEWITCH

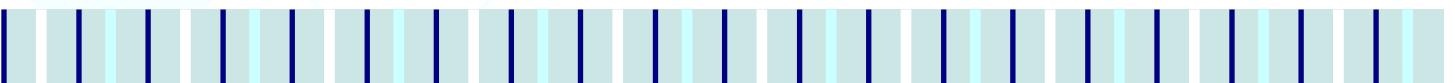
DARREN WOBSE

Congratulations to the Nathan Court Group Home athletes who competed in the area 6 bowling Special Olympics Bowling at Ocean Lanes in Lakewood, New Jersey. They all brought home medals !

Reaching My Goals



The CFS Strong Island Voices advocacy group came together to create SMART Goals for 2018. These specific, measurable, attainable, relevant, and timed-oriented goals will be tracked together with the group! We are excited to work towards our 2018 goals!



Reaching My Goals

- ♦ Many Masterpieces came out of our Vision Board workshop where Advocates created boards to visualize their 2018 Goals.



- ♦ Book Club Meeting with the Author of Daring Democracy..There is always hope! #WeThePeople!!



Friday FUNday... TGIF

On Fridays Day Hab and Comm Hab individuals get together and do different fun activities

- ♦ We had a Great Friday at Gun Post Lanes Bowling Alley



- ♦ Another Great Friday at the Little Shop of Crafts



NY Alliance Conference



Sarah , Emily and William had their art work featured at the NY Alliance Conference

The NY Alliance (formerly known as NYSACRA) held their annual conference in Lake George NY. There were many educational workshops and events.



Keeping Cool, Calm & COLLECTED



♦ Featuring Unique Collections



Jeremy has been a Yankee fan since he was 6 years old and has collected a vast amount of memorabilia for the last 49 years. The extent of Jeremy's memorabilia and collection include a vast array of the photos and wall plaques (displayed in the photos below), thirty plus Yankees jackets, seventy five plus Yankee T-shirts, bobble heads, pennants, a mural that is posted on the wall above his bed featuring the inside of Yankee stadium and the out field, as well as a full bed Yankees bedding set.



Ernest has over 1000 DVDs.



Anthony has an extensive Money Collection that features money from over 50 different countries.



Elias has a fascinating comic book collection with over 500 comic books.



CFS Love Story



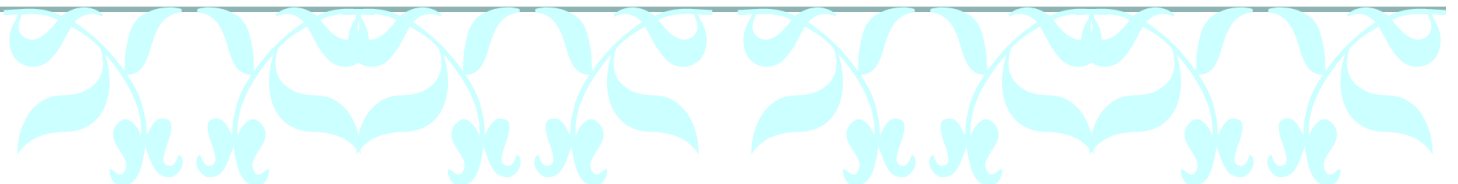
Love

Huge Congratulations to Scott and Nikole ! Scott has been a member of the Long Island CFS family for the past nine years.

Scott just celebrated his love for his longtime girlfriend in a huge engagement party at the Coral House on Long Island.

Scott has been dating his fiancé since MIDDLE SCHOOL and has always aspired to get married to her one day!

We wish both Scott and Nikole a very joyful start to a beautiful life together!



Happy Mothers Day

- ♦ Wishing a Happy Mother's Day to Mercedes. She gave birth to her bundle of joy , Hector, on March 12th.



- ♦ Happy Mother's day to Djuana .Here is a picture of Djuana with her granddaughter.



- ♦ Happy Mothers day to Jackie. Here is a picture of Jackie with her Daughter !



- ♦ Happy Mother's Day to Rudine who is featured here with her grandchildren !

- ♦ Happy Mother's day to Veronica who is featured here with her daughter Jacqueline



- ♦ Happy Mother's Day to Donna ! Here she is featured with her children.

*The day that hope was created was
probably the same day Spring was
created !! Enjoy Your Spring !!*



Please submit all Good News, photos & Stories to the
Innovative Planning Team...

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