VaxxMatters



If I had COVID-19, should I still get the vaccine?

According to the CDC - Yes, you should be vaccinated regardless of whether you already had COVID-19. That's because experts do not yet know how long you are protected from getting sick again after recovering from COVID-19. Even if you have already recovered from COVID-19, it is possible—although rare—that you could be infected with the virus that causes COVID-19 again. Learn more about why getting vaccinated is a safer way to build protection than getting infected.

If you were treated for COVID-19 with monoclonal antibodies or convalescent plasma, you

should wait 90 days before getting a COVID-19 vaccine. Talk to your doctor if you are unsure what treatments you received or if you have more questions about getting a COVID-19 vaccine.

Experts are still learning more about how long vaccines pro-



tect against COVID-19 in real-world conditions. CDC will keep the public informed as new evidence becomes available.

We are developing relationships with various vaccination sites throughout NY and NJ. If you are interested in receiving the vaccine contact your direct supervisor and/or the following depending on state or program so that we can reach out to you.

> NY Residential - Tranet Hymon THymon@cfsny.org

NY Community & SDS - Linda Schellenberg lschellenberg@cfsny.org

Please Consider Vaccinating As This Does Not Only Effect You!

By not vaccinating you lose out on a chance to win our raffle! No but in all seriousness, research has shown that the COVID-19 vaccine provides solid protection against severe disease and symptoms from the virus which has killed over 500,000 Americans and has infected more than 30,000,000.

From a societal standpoint, people who skip the vaccine could compromise the safety of others. We need herd immunity to protect those people who can't get vaccinated. Those who are unable to get vaccinated might include babies, young children, people who have immunesuppressed systems from diseases like cancer and the elderly.

What is herd immunity? Herd immunity is the point in which it's difficult for a disease to spread because enough people in the community are protected from infection. So by getting vaccinated you are protecting not only yourself but those who are most at risk. Please make an **educated** and informed decision to get vaccinated.

If you are still not convinced, not getting the vaccine further increases your own risk of getting COVID-19. Having COVID-19 can cause serious illness up to and including death. In addition, many long term effects are being reported from people who have had COVID-19.

A reminder that ChemRX are interested in hosting another vaccine clinic at our CFS Bronx office. They will be offering the Moderna vaccine. We do not have a date yet, but if you are interested, please email Shyanne Gadson <u>sgadson@cfsny.org</u> to be placed on a list.

Don't forget to send in your vaccination card when you get vaccinated to <u>HRVacstats@cfsny.org</u> You can be entered into a raffle drawing and win \$100 gift.

If you want to share your vaxxies or if you have questions that we might be able to answer for VaxMatters please send to jcropper2@cfsny.org





WINNER





Ernesto Franco Admin Asst NY